

Clean and Clutter-Free in 15 Minutes a Day: Feng Shui Decorating for Fans Of

If you're like most people, you probably have a lot of stuff. And if you're like most people, you probably don't have a lot of time to clean it up. But what if there was a way to keep your home clean and clutter-free in just 15 minutes a day? With Feng Shui decorating, you can.



Real Life Organizing: Clean and Clutter-Free in 15 Minutes a Day (Feng Shui Decorating, For fans of Cluttered Mess) by Cassandra Aarssen

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Feng Shui is an ancient Chinese practice that uses the placement of objects and furniture to create a harmonious and balanced environment. It's based on the belief that the energy in your home affects your mood and well-being. So, by arranging your home in a Feng Shui way, you can create a space that's both beautiful and good for your health.

One of the most important aspects of Feng Shui is decluttering. When you have too much stuff, it creates a sense of chaos and confusion. This can lead to stress, anxiety, and even depression. So, by decluttering your home, you can create a more peaceful and relaxing environment.

But decluttering doesn't have to be a daunting task. In fact, with Feng Shui, it can be quite simple. Here are a few tips to get you started:

Decluttering Tips

1. **Start small.** Don't try to declutter your entire house all at once. Instead, focus on one room or area at a time.
2. **Be ruthless.** If you're not using something, get rid of it. Don't be afraid to donate, sell, or throw away items that you don't need.
3. **Put things away.** Once you've decluttered, take the time to put everything away in its proper place. This will help to keep your home organized and clutter-free.
4. **Maintain your space.** Once you've decluttered your home, it's important to maintain it. Take a few minutes each day to tidy up and put things away. This will help to keep your home clean and clutter-free for good.

Feng Shui Decorating Tips

1. **Use natural materials.** Feng Shui emphasizes the use of natural materials, such as wood, stone, and plants. These materials create a sense of peace and tranquility.
2. **Keep your furniture to a minimum.** Too much furniture can create a cluttered and cramped feeling. Instead, choose a few pieces of

furniture that are both functional and beautiful.

3. **Arrange your furniture in a balanced way.** The way you arrange your furniture can affect the flow of energy in your home. Make sure to place furniture in a way that creates a sense of harmony and balance.
4. **Use soft colors.** Soft colors, such as white, cream, and beige, create a sense of calm and relaxation. Avoid using bright or garish colors, as these can be disruptive to the flow of energy.
5. **Add some plants.** Plants add life and energy to a space. They also help to purify the air and create a more harmonious environment.

By following these tips, you can create a home that is both clean and clutter-free. And by practicing Feng Shui, you can create a space that is also harmonious and balanced. So, what are you waiting for? Start decluttering and decorating today!



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